



INFINITE POSSIBILITIES.
ONE FAMILY.

2023 WELLBEING HAPPY. HEALTHY. RESILIENT. YOUR WAY!

RICH'S 2023 WELLBEING PROGRAM

Rich's Wellbeing Program, offered through Virgin Pulse, can help you reach your wellbeing goals. Visit Rich's Wellbeing Portal at join.virginpulse.com/RichProducts. Complete healthy activities to earn points. Each point earned counts as a chance in quarterly drawings for Pulse Cash, which can be redeemed for gift cards or wearable fitness devices. The more points you earn, the more chances you have to win!



Associates and spouses enrolled in a Rich's medical plan need to earn 10,000 points to receive up to \$900 in medical premium savings (\$600 for associates enrolled in a Rich's medical plan and \$300 for spouses enrolled in a Rich's medical plan.) The deadline to earn points for 2024 is November 30, 2023.

If you are newly enrolled in a Rich's medical plan between January 1, 2023, and February 28, 2023, you and your covered spouse will automatically be awarded wellness credits for 2023. If you are newly enrolled in a Rich's medical plan between March 1, 2023, and December 31, 2023, you and your covered spouse will automatically be awarded wellness credits for 2023 and 2024.

HERE'S HOW TO REGISTER!

Visit join.virginpulse.com/RichProducts, use the QR code or visit Apple Store or Google Play to download the Virgin Pulse app to your phone or mobile device.

Begin the process by entering your last name, date of birth and gender to setup your new account.

HAPPY. HEALTHY. RESILIENT. YOUR WAY!

There are many paths that lead to reaching your wellbeing goal your way. Earn points simply by completing activities or achieving healthy outcomes.



Check out the **Rewards** page in your Virgin Pulse account for a quick menu of "How to earn" activities or for a detailed menu, check out the **Programs** page and "view all" to see an alphabetized list of activities including descriptions and access links.

You must be enrolled in a Rich's medical plan to be eligible for some activities. Some associates covered by a collective bargaining agreement are ineligible for the wellness incentive.

QUESTIONS? CONTACT VIRGIN PULSE

By phone at 888-671-9395 or email: support@virginpulse.com